RESEARCH AND PUBLICATION CENTER
Institute of Economy and Enterprise Studies
In collaboration with

2nd

Regional Student Research Congress & Regional Conference on recent issues and trends in
Business, Accounting, Management, and Economics

IEES 2023

CONFERENCE PROGRAM
July 21, 2023

via **zoom**   powered **Quipper**

CONFERENCE OBJECTIVES:

This conference tries to:

a) To stimulate the exchange of ideas and foster collaboration among faculty, students, and graduate researchers by highlighting the importance of data-driven research and its impact on economic recovery;

b) To empower students and young researchers to elevate their research efforts in addressing industry - specific challenges, bridging the gap between theoretical knowledge and practical application; and

c) To provide a platform for showcasing innovative, data-driven situations to economic disruptions, thereby fostering a culture of research and development that can drive sustainable economic recovery.

CONFERENCE SPEAKERS

Keynote Speaker
DR. MICHAEL B. BATU
University of the Fraser Valley
Canada

Plenary Speaker 1
DR. SAKET JESWANI
OP Jindal University
India

Plenary Speaker 2
DR. DEWI FAENI
Universitas Bhayangkara Jakarta Raya
Indonesia

Burnout and emotional intelligence: Their relationship to work performance of UM tourism management graduates

Liwliwa B Lagman*
College of Hospitality Education, University of Mindanao
*Corresponding author: liwliwa_lagman@umindanao.edu.ph

ABSTRACT

This paper aimed to examine the correlation between burnout and emotional quotient in the work performance of UM Tourism Management graduates working in a tourism-related establishment. A descriptive-correlational quantitative research design was used, and data were gathered from N=100 Tourism graduates through random sampling using a structured survey questionnaire adapted to standard instruments to measure burnout, emotional intelligence, and work performance. Spearman's rho was used to understand the strength of the relationship between variables. Results uncover the respondent's level of burnout is low while the level of emotional intelligence and work performance are high. The study further reveals that burnout and the emotional intelligence of the respondents are significant and negatively correlated. The results also show a significant relationship between emotional intelligence and work performance. This implies that a high level of emotional intelligence reduces the likelihood of experiencing emotional fatigue and disassociation and has a positive impact on the worker productivity of the respondents.

Keywords: *burnout, emotional intelligence, work performance, tourism management students, descriptive-correlation study, Davao City*